Aldbourne Preschool

Back Lane, Aldbourne, Marlborough, Wiltshire SN8 2BP Telephone: 01672 540434
Email: aldournepreschool@gmail.com
Web: www.aldbournepreschool.com

**Policy: *Sleeping Procedure***

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This policy has been drawn up by the staff of the Preschool, in consultation with the Owners and parents.

When a practitioner notices a sleepy or sleeping child, or is aware of a child in need of rest or quiet time, they should (not necessarily in this order):

* Make other staff aware of the situation.
* Make other children in the vicinity of the sleepy/sleeping child aware of the situation.
* Make an appropriate area (i.e. book corner, sofa etc.) safe and comfortable for the child.
* Ensure that the child is not disturbed by other children.
* Consistently supervise the resting child.