Aldbourne Preschool

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**Policy: *Sleeping Procedure***

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| Issue Date | page1image14392Review Date | Document Owner(s) | page1image16120page1image16440Approved |
| June 2018 | page1image20192June 2021 | Angela Goddard | page1image22432page1image22752Julie Kent |

This policy has been drawn up by the staff of the Preschool, in consultation with the Owners and parents.

When a practitioner notices a sleepy or sleeping child, or is aware of a child in need of rest or quiet time, they should (not necessarily in this order):

* Make other staff aware of the situation.
* Make other children in the vicinity of the sleepy/sleeping child aware of the situation.
* Make an appropriate area (i.e. book corner, sofa etc.) safe and comfortable for the child.
* Ensure that the child is not disturbed by other children.
* Consistently supervise the resting child.